



## **Dressing Room Protocol**

As a member of LMHA please ensure you, your team, your athlete and other individuals respects others privacy and their time needed in their dressing rooms and shared washrooms. Ensure the following when you enter the rink:

**Check room assignment boards:** Upon entering the rink confirm your team's assigned space by checking the posted room assignment boards. Take note of the teams that are on the ice before and after your own ice time. Pay close attention to assignment boards and the teams assigned. If an assigned room is marked with a F, Female, Cyclones, Southern Express or Future Olympian; the rooms will be occupied by female hockey teams.

**Do not enter any changing room other than your own at any time.** Under no circumstances, should a member of your team or coaching staff, enter a changing room that is not designated to your team. Search out a rink attendant or coaching/management staff of the team currently occupying the room rather than entering.

**Respect shared spaces.** When shared facilities are required, coordinate with the coaches of the other team to avoid overlap, allowing everyone the space and time they need.

**Do not assume that the washroom you share, is available to your team.** If the shared bathroom is locked and access to a washroom is needed, use the public facilities. If access is needed, search out a rink attendant or communicate with the coaching/management staff of the team sharing the washroom.

**Ensure your team is ready 10 minutes prior to your ice time.** Inform and instruct your athletes be prepared not to use the shared washrooms 10 minutes prior to your ice time. This will help avoid shared washroom conflicts with those teams just getting off the ice.

**Ensure your team vacates the dressing room 30 min after your ice time.** Teams are required vacate the dressing room within 30 minutes after their scheduled ice time is complete. When the team is finished with the dressing room, ensure the dressing room door is left open so that rink staff knows they can enter and clean the dressing room. We all need to exercise more caution and awareness to provide the athletes with a safe environment to play hockey. While it is an extremely busy time at the rinks, we all need to slow down, communicate and ensure that above all, we are respecting the athlete's privacy.

*Yours truly,*

*Keith Hitchcock LMHA General Manager*